

Name: _____ Date: _____

My chief complaint is: _____

2nd complaint: _____

3rd complaint: _____

Using the **symbols** below, please draw the location and type of pain on the body outlines:

Ache: MMM
M

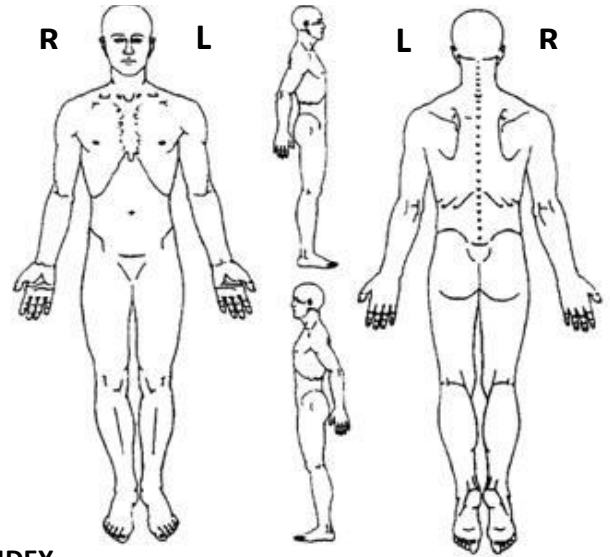
Burning: ----

Numbness: ○ ○ ○
○ ○

Pins and Needles: ○○○○○○○○○○○
○○○○

Stabbing: ///////////////
////

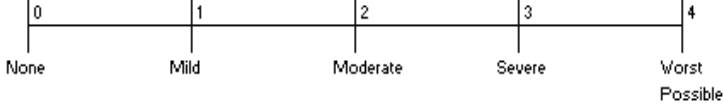
Other: X X X X X
X X X



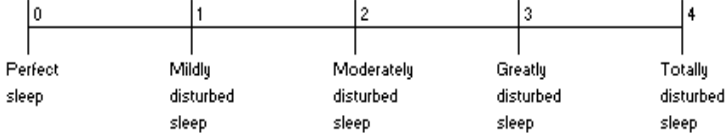
FUNCTIONAL RATING INDEX

In order to properly assess your condition, we must understand how much your **neck and/or back problems** have affected your ability to manage every day activities. For each item below, **please CIRCLE the area which most closely describes your condition right now.**

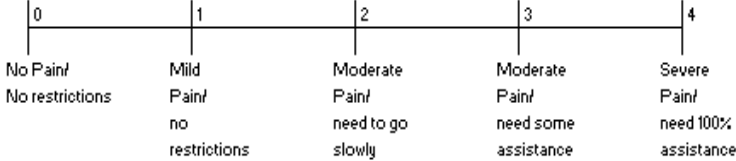
1. Intensity of problem



2. Sleeping



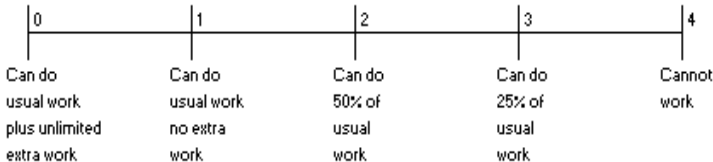
3. Personal Care (washing, dressing, etc.)



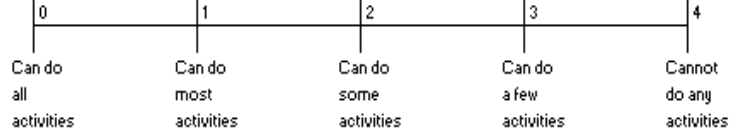
4. Travel (driving, etc.)



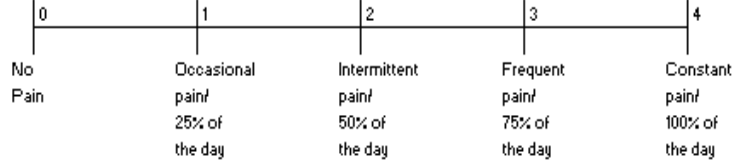
5. Work



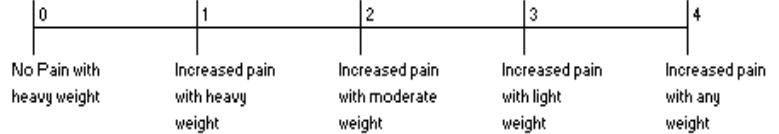
6. Recreation



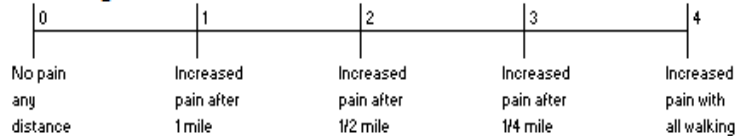
7. Frequency of pain



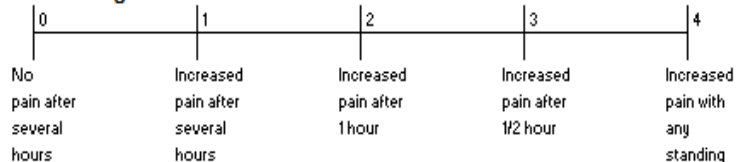
8. Lifting



9. Walking



10. Standing



Patient Signature: _____

Date: _____

PERSONAL HEALTH HISTORY

CHECK ALL THAT APPLY				
<input type="checkbox"/> AIDS / HIV	<input type="checkbox"/> Fatigue	<input type="checkbox"/> Mid Back Pain	<input type="checkbox"/> TMJ (Jaw)	
<input type="checkbox"/> Alcoholism	<input type="checkbox"/> Frequent Colds	<input type="checkbox"/> Migraines	<input type="checkbox"/> STDs	
<input type="checkbox"/> Allergy Shots	<input type="checkbox"/> Gout	<input type="checkbox"/> Multiple Sclerosis	<input type="checkbox"/> Stroke	
<input type="checkbox"/> Anemia	<input type="checkbox"/> Headaches	<input type="checkbox"/> Numbness	<input type="checkbox"/> Ulcers	
<input type="checkbox"/> Anorexia / Bulimia	<input type="checkbox"/> Hearing Loss	<input type="checkbox"/> Osteoarthritis	<input type="checkbox"/> Vision Problems	
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Heart Attack	<input type="checkbox"/> Osteoporosis	Women Only:	
<input type="checkbox"/> Bed Wetting	<input type="checkbox"/> Heartburn	<input type="checkbox"/> Pacemaker	<input type="checkbox"/> Cramps	
<input type="checkbox"/> Bronchitis	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Pinched Nerve	<input type="checkbox"/> Hysterectomy	
<input type="checkbox"/> Chemical Dependency	<input type="checkbox"/> Herniated Disc	<input type="checkbox"/> Prostate Problem	<input type="checkbox"/> Irregular Menses	
<input type="checkbox"/> Diabetes	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Rheumatoid Arthritis	<input type="checkbox"/> Menopause	
<input type="checkbox"/> Difficulty Breathing	<input type="checkbox"/> High Cholesterol	<input type="checkbox"/> Ringing in Ears	<input type="checkbox"/> Miscarriage	
<input type="checkbox"/> Dizziness	<input type="checkbox"/> Infertility	<input type="checkbox"/> Sinus Infections	<input type="checkbox"/> PMS	
<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Low Back Pain	<input type="checkbox"/> Sleeping Problems	<input type="checkbox"/> Pregnant	
<input type="checkbox"/> Cancer	<input type="checkbox"/> Neck Pain	<input type="checkbox"/> Thyroid Problems	<input type="checkbox"/> Due Date: _____	

To obtain a better understanding of your current state of health, please answer the following questions:

How long do you believe it took to get where your health is today?

How long do you believe it will take you to get better?